

We know that marginalised communities experience poorer mental health than others.

The CONNECT study focuses primarily on Black and other racially minoritised groups, with an intersectional focus accounting for gender, sexuality, migration, socio-economic status, and more.



We will explore ways to benefit what communities are already doing, instead of imposing a research agenda.



The CONNECT study will partner with people in the community by incorporating peer or community researchers as members of the research team. They will carry out interviews and workshops with people in the community.

The study will also involve partnering with relevant stakeholders who can act on the research outcomes to enact change.

We aim to bridge the gap between academia and the community.

What makes communities thrive?

THE
CONNECT
—
STUDY

CONtributions of social NEtworks to Community Thriving

will help us understand the best ways to promote good mental health among marginalised communities.



We want to work together with you, and other local organisations, to understand what communities and organisations can do to help strengthen networks, and to support wider efforts to:

- Increase feelings of community safety
- Increase access to skills/employment
- Help prevent violence
- Reduce food insecurity
- Improve wellbeing

Collaborate with us



This research will support efforts to reduce inequities experienced by Black and other racially minoritised groups.



Help us connect with communities

Use your expertise and lived experience to guide the study

Implement the research recommendations and enact change

Let us know how we can support you in return

Who we are

This project is a collaboration between researchers at the Centre for Society and Mental Health, Black Thrive, and other organisations.

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